

LEDYARD NATIONAL BANK GOES RED FOR UPPER VALLEY WOMEN

Jan 21, 2014

Ledyard National Bank is proud to join the American Heart Association in bringing their national Go Red for Women campaign to the Upper Valley and Lake Sunapee Region. Together with AHA, Ledyard will be educating and motivating the community to take charge of their health.

For the entire week of February 3rd through 7th, Ledyard will have educational handouts, heart-healthy snacks and other giveaway items in their branches. Free drawings will also be held for the opportunity to win special items.

In addition, a number of educational events will be held at Ledyard branches during the week of February 3, 2014, including Heart Healthy Eating and Tobacco Cessation. Blood pressure and glucose screenings will also be available. Please visit www.ledyardbank.com for more information.

